**Supplementary Fig. 1.** Patients’ agreement with the statement “allergen-specific immunotherapy can reduce allergic symptoms” before and after a SPT, NAPT and ILIT. VAS ranges from 0 to 100 mm. Data are shown as mean ± SD. ILIT, intralymphatic immunotherapy; NAPT, nasal allergen provocation test; SPT, skin prick test; VAS, visual analogue scale. *P < 0.05 compared to baseline.